

www.maybakels.com



Breads, Rolls & Pastry

CRISPY PUFF

INGREDIENTS

Group 1	
---------	--

Ingredient	KG
Plain Flour	1.000
Water	0.460
STARLIGHT	0.300
BAKELS MARGARINE P	0.100
Sugar	0.030
	0.015
	Total Weight: 1.905

METHOD

- 1. Mix Group 1 to form a dough and rest for 20 minutes.
- 2. Roll dough to a rectangular shape.
- 3. Cover half of the dough with neatly form pastry margarine.
- 4. Roll out and give one half turn, roll out again and give a second half turn.
- 5. Rest dough for 20 minutes and give a final half turn.
- 6. Rest for further 20 minutes before rolling out and cut to size.
- 7. Roll dough to 3 mm in thickness, cut pastry to 10 x 3 cm, pock hole on pastry and bake at 210°C for 12 minutes.
- 8. Allow pastry to cool, egg wash and sprinkle desired topping.
- 9. Bake at 150°C for approximate 60 minutes.