

SANDWICH BREAD

INGREDIENTS

Group 1

| Ingredient | KG |
|-----------------------------------|-------|
| Bread Flour | 1.700 |
| LECINTA XP | 0.017 |
| Sugar | 0.340 |
| | 0.017 |
| Calcium Propionate | 0.005 |
| Eggs | 0.136 |
| BAKELS INSTANT ACTIVE DRIED YEAST | 0.034 |
| Water | 0.640 |
| Total Weight: 2.889 | |

Group 2

| Ingredient | KG |
|---------------------|-------|
| ROTITEX | 0.068 |
| Total Weight: 0.068 | |

METHOD

1. Mix ingredients Group 1 for 8 minutes.
2. Then add in Group 2 and mix for further 3 - 4 minutes or untill the dough is well developed.
3. Allow dough to rest for 5 minutes, scale and mould the dough into desired shepes.
4. Prove the dough to height at 35°C, 75% relative humidity.
5. Bake at 220°C for approximate 25 minutes.



CATEGORY

Breads, Rolls & Pastry