

WHITE SANDWICH BREAD

CATEGORY

Breads, Rolls & Pastry

INGREDIENTS

Group 1

Ingredient	KG
QUANTUM UNIVERSAL	0.020
Bread Flour	2.000
BAKELS INSTANT ACTIVE DRIED YEAST	0.020
	0.036
Sugar	0.080
Water	1.240
	Total Weight: 3.396

Group 2

Ingredient KG
BAKELS CREMFAT 0.080
Total Weight: 0.080

METHOD

- 1. Place Group 1 into mixing bowl and mix for 8 minutes.
- 2. Add in Group 2 and mix for further 4 minutes or until the dough is well developed.
- 3. Dough temperature required is 30-31°C.
- 4. Allow dough to rest for 5 minutes.
- 5. Scale 350gm of dough (for open top) and 450 gm of dough (for sandwich), mould into desired shape and rest for further 5 minutes.
- 6. Prove to the height.
- 7. Bake at 220 °C for approximately 25 minutes